

## "Lassoing Team Energy" Teambuilding & Skill Development Workshop

**"Lassoing Team Energy**" is an accelerated and experiential teambuilding workshop that focuses on consistent goal achievement, recognizing obstacles to team cohesiveness and developing new approaches. Build trust, develop respect, engage in healthy communications, and increase commitment & accountability for producing results. Increase creativity and resourcefulness. Team members learn to embrace their strengths, acknowledge areas for improvement, and develop effective skills that enhance the common good of the team.

## You will:

- Identify team roles & their effectiveness
- Learn teambuilding pitfalls & assumptions
- Build trust, respect & accountability
- Discover how energy & emotions affect others
- Identify individual strengths & challenges
- Increase creativity & resourcefulness
- Learn effective communication skills
- Increase commitment & goal attainment
- Learn about your team members
- Experiment with new approaches to team development





Is your team cohesive and accomplishing goals effectively? Do they respect & trust each other? Are they committed to the goals? Do they go along with the flow or engage in healthy dialogue to produce better results?

## Develop a stronger team that accomplishes better results by interacting with a natural leader - the horse!

Our professional staff and horse partners lead the team through focused activities and discussions designed to heighten team awareness, increase communication,

and build on the strengths of each person. The horses respond honestly and provide immediate feedback on team effectiveness, leading to profound opportunities for team & professional growth and development.

This is not a riding course; no riding is involved and all activities are done on the ground. Learn more by watching our video at <u>www.LeadershipEAD.com</u>

**Who should attend:** Any team, project group, sales department, manager, leader, or other group or individuals desiring to increase team effectiveness, creativity, resourcefulness, cohesiveness and trust to produce consistent high level results.

## Workshop Details:

1 Day Public Workshops offered (see website for more information)

Private workshops available for your team or organization at our facility or one near you. Customizable to meet your team's specific needs

www.LeadershipEAD.com